



evropský  
sociální  
fond v ČR



EVROPSKÁ UNIE



MINISTERSTVO ŠKOLSTVÍ,  
MLÁDEŽE A TĚLOVÝCHOVY



OP Vzdělávání  
pro konkurenceschopnost

INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

## **(31) FOOD AND DRINKS**

**- conversation questions**

**(vocabulary practice)**

## FOOD, DRINKS, etc. – VOCABULARY PRACTICE – part 2

### (1) What is your favourite food? Please describe it.

*Complete the sentence below about yourself.*

I like / love / can't get enough of ...

### (2) What do you think is the most important meal of the day? Why?

*Note the difference between 'food' – 'meal' – 'dish'.*

- (1) **Food** (a) the things that people or animals eat  
(b) (C, U) a particular type of food, e.g. **frozen/tinned** ~ , **cat/dog/pet/baby** ~ , **Italian/Chinese/Indian** etc ~
- (2) **Meal** (a) (C) an occasion when you eat, especially breakfast, lunch or dinner  
(b) **go out for a meal** = go to a restaurant  
(c) **main meal** = the meal at which you eat the most food  
(ci) **cook/prepare/make a meal**
- (3) **Dish** (a) (C) food prepared and cooked in a particular way  
(b) **dish of the day** = a special dish that is offered on a particular day in a restaurant  
(c) **the dishes** (pl) = the plates, pans etc that have to be washed after preparing and serving a meal (*do/wash the dishes*)

*Complete the sentences below with an appropriate expression.*

- Do you have any vegetarian \_\_\_\_\_?
- The medicine should always be taken with \_\_\_\_\_.
- The \_\_\_\_\_ of the day is salmon fishcakes.
- I can't eat spicy \_\_\_\_\_.
- Her favourite \_\_\_\_\_ is roast chicken.
- Prices of \_\_\_\_\_ and clothing have risen dramatically in recent years.
- I'm not hungry, I had a big \_\_\_\_\_ at lunchtime.
- People with this complaint cannot digest certain \_\_\_\_\_.
- Do you like Italian \_\_\_\_\_?
- Who's going to do the \_\_\_\_\_?
- We could see a film or go out for a \_\_\_\_\_.
- Dinner is usually our main \_\_\_\_\_, except on Sundays.
- All the \_\_\_\_\_ is cooked and served by volunteer helpers.
- Doctors stress the importance of good fresh \_\_\_\_\_.
- He cooked us a delicious \_\_\_\_\_.

*\* How to express your opinion: I think / I believe / In my opinion ...*

### (3) What time do you usually have your meals? How are these times the same or different to other people in your country?

*Order the meals below according to the time of the day at which they are eaten. Specify the time.*

Breakfast – brunch – dinner – lunch – snack – supper – tea

*Possible structures to use:*

- I usually / often have ... (*specify the meal*) at ... (*specify the time*).
- This is typical / normal ... for people in my country. **OR** This is different because most people eat earlier / later.

### (4) How often do you go to restaurants?

*Answer the question about yourself. Use some of the adverbs of frequency below:*

never – rarely – sometimes – often – usually – once a week/month – only on special occasions with my family / alone

*Expressing preference:*

I **prefer** ... (sth / **doing** sth) **to** ... (sth / **doing** sth).

### (5) What's your favourite drink (alcoholic/non/alcoholic)?

*Which of the drinks below are (A) alcoholic, (B) non-alcoholic?*

Beer / coffee / Coke / energy drinks / fizzy drinks / fruit juice / mineral water / ice tea / (herbal) tea / milk / milk shakes / plum brandy / soda / sport drinks / stout / whisky / wine

*Complete the sentence below about yourself.*

I like / love / can't get enough of ...

### (6) How would you describe typical Czech / British / American etc. cuisine (way of cooking)?

*Use the following expressions to complete the sentences below.*

- (*adj*) bland – boring – delicious – fatty – filling – hearty – heavy – greasy – meaty – salty
- (*n*) big servings – dumplings – fish and chips – goulash with dumplings – hamburger and French fries – potatoes – roast beef and vegetables – steak and salad

(1) Czech food is often ..... (adj)

(2) Czech food is often served with .....

(3) Typical Czech food is .....

(4) American food usually comes in .....

(5) Typical American food is .....

(6) British food is traditionally .....

(7) Typical British food is .....

## **(7) What kind of food is healthy / unhealthy and why?**

*Complete the sentences below with the following ideas.*

(1) Unhealthy food is / has / is prepared ...

(2) Healthy food is ...

Artificial colours and flavours – fatty – fresh – free of chemicals and additives – from a can – frozen – high in added sugar – high in fat – high in fibre – high in salt – high in vitamins and minerals – low in fat – low in fibre – low in sugar and salt – low in vitamins – preservatives – salty

## **(8) Can you describe a healthy diet?**

*Are the following statements true or false? Correct the false ones.*

A balanced diet should ...

- (1) ... be high in fat / sugar / salt.
- (2) ... be high in fibre / vitamins and minerals.
- (3) ... not include all five food groups.
- (4) ... be enough for your daily needs.

## **(9) Do you watch TV programmes about cooking or read cookbooks?**

*Which is true about yourself? Underline the appropriate alternative.*

- I never / rarely / sometimes / often watch programmes about cooking.
- I never / rarely / sometimes / often read cookbooks.
- I like / don't like to learn about new recipes / new cuisines.
- I love to see food / I have no interest in food.

## **(10) Can you cook? Can you explain your speciality?**

*Match the expressions from A with the expressions from B to make collocations. Then explain how you prepare your speciality.*

### **A**

- (1) chop
- (2) cut meat / chicken
- (3) fry onions / meat
- (4) add
- (5) place slices of cheese / ham
- (6) boil
- (7) put vegetables
- (8) steam

### **B**

- a) sausages
- b) spices / sauce
- c) in a bowl
- d) on bread
- e) into pieces
- f) in oil
- g) potatoes / pasta / dumplings
- h) vegetables / onions

## **(11) When did you last eat out? Tell us something about it.**

*Talk about your personal experience.*