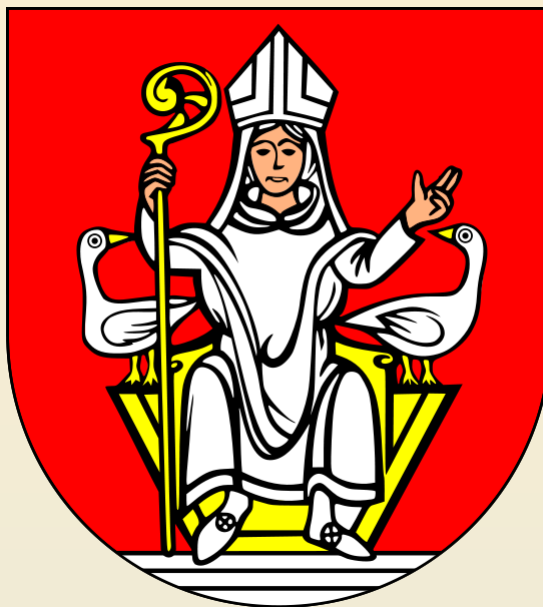


TOWN OF FRENSTAT P. R.



evropský
sociální
fond v ČR



EVROPSKÁ UNIE



MINISTERSTVO ŠKOLSTVÍ,
MLÁDEŽE A TĚLOVÝCHOVY



OP Vzdělávání
pro konkurenceschopnost

INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

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LOCATION

- Frenstat pod Radhostem (meaning Frenstat below Mount Radhost) is situated in the Moravian and Silesian Beskydy Mountains in the valley of the Lubina, Lomna and Bystre rivers in the north east part of The Czech Republic.
- Frenstat pod Radhostem was settled in about 1300 but was not officially recognised as a town until 1781.

TOURIST ATTRACTIONS, SIGHTS

- The **town square** is surrounded by buildings constructed in the 17th, 18th and 19th centuries for accommodation and shopping. Behind their well-preserved facades you can find lovely pubs, shops and modern facilities such as banks, the post office and so on.
- Near the town centre you can find **St. Martin's and St. John's Baptist churches**. Close to the square, there are two shopping centres called Kyčera and Javorník (the names come from two well known mountains nearby the town).

- An important building looking down on the town square is the Town Hall, built in 1891. Here you can find the Town Council.



- **The museum** is located in the renovated building of the boy's elementary school from 1876. In front of the building there is a monument dedicated to the victims of World War I and a statue of Albín Polášek called "Primeval Struggle". In the museum there are modern exhibits of weaving, knitting and dying, of history and cultural traditions, emigration, tourism and sport and of Beskydy nature.

Pustevny

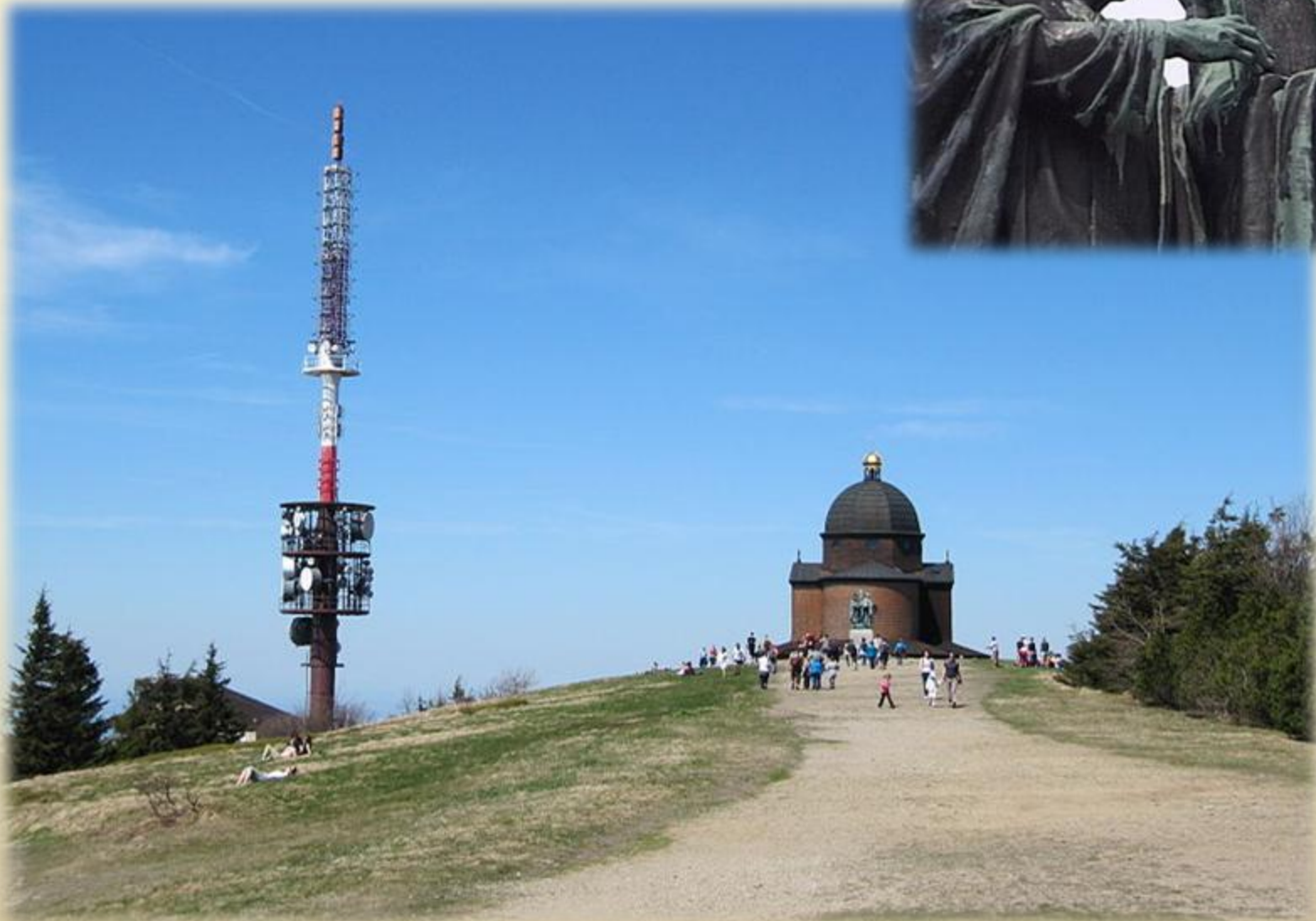
- When you climb to this mountain resort you will see a number of historic buildings designed by Slovak architect Dušan Jurkovič in 1898. In winter Pustevny becomes a popular ski resort with 11 ski-tows and a chair lift from Trojanovice.
- There are several interesting tourist tracks along the ridge. To the east you can take a hike to Čertův mlýn (Devil's Mill), to the west, past the statue of Radegast, you will reach the top of the sacred mountain Radhošť (1129m).



Radhošť

- It is a mountain 1129 meters above sea level with a view of the Beskydy mountains. A chapel (built 1898) and a sculptures of Saints Cyril and Methodius are located on the summit. The mountain is a popular destination for religious pilgrimages.
- Referred to as the place of pagan God Radegast, Radhošť was the host of sacred ceremonies to rejoice the god during the time of Slovan antiquity.





LEISURE TIME, SPORTS

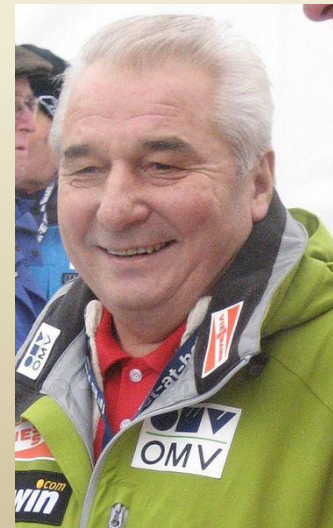
- Frenstat pod Radhoštěm is called The Czech Cradle of Hiking. The hiking club called "Pohorská Jednota Radhošť" was founded in 1884 and has helped to open up the most beautiful parts of the Beskydy Mountains.
- Locally there has been a long tradition of sporting activity such as skiing, volleyball, football and horse riding. The town offers many facilities such as skiing slopes in the Pustevny area, extensive cross-country skiing, a ski-jumping area at Horečky both for winter and summer, an ice rink, tennis courts, and a covered swimming pool near the town centre.

- The nearby hills offer slopes for bikes, scooters, skis and even sleds.
- In summer, you can enjoy the pleasures of water in a modern aqua park with slides, waves and a sandy recreational area. In the nearby campground you can set up a tent or stay in one of the log cabins.



FAMOUS PERSONALITIES

- **Josef Kalus** – famous poet
- **Jan Knebl** - sculptor, illustrator
- **Albín Polášek** The world-famous schulptor
- **Jiří Raška** - a ski-jumper and the first Czech to win a gold and silver medal at the Olympic Winter Games (Grenoble 1968)
- **Antonín Strnadel** – painter and graphic designer
- **Bohumír Strnadel** – writer





Albín Polášek



Spirit of Music, Chicago

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