



evropský  
sociální  
fond v ČR



EVROPSKÁ UNIE



MINISTERSTVO ŠKOLSTVÍ,  
MLÁDEŽE A TĚLOVÝCHOVY



OP Vzdělávání  
pro konkurenceschopnost

INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

## **(19) FOOD, DRINKS, etc.**

### **(vocabulary)**

# FOOD, DRINKS, etc. – Vocabulary

## 1.1 Food

*compare:* **food** vs. **meal** vs. **dish**

**meat:** bacon – beef – chicken – ham – lamb – (fatty / lean) meat – meatball – pork – poultry – red meat – salami – sausage – (well done / medium / rare) steak – turkey – veal – white meat

**fish:** carp – fish and chips – herring – pike – perch – salmon – sardine – seafood – shellfish – trout – tuna

**dairy products:** butter – (mature / mild) cheese – cheese spread – cottage cheese – cream – cream cheese – grated cheese – ice cream – margarine – (full / semi-skimmed / skimmed) milk – milkshake – yoghurt/yogurt

**bread:** (white / brown / wholemeal) bread – loaf (loaves, pl) of bread – roll – pasta – sliced (bread) – toast

**sweet food:** birthday cake – biscuits (AmE cookies) – cake – cheesecake – (single / double / whipping) cream – dessert (BrE pudding) – have a sweet tooth – ice cream – (apple) pie – whipped cream

**things added to food:** herbs – ketchup – mayonnaise – mustard – oil – paprika – parsley – (black) pepper – salad dressing – salt – spice(s) – sugar – tomato sauce – vinegar

**fruits:** apple – apricot – banana – blackberry – blueberry – (sweet / sour) cherry – coconut – (black / red) currant – gooseberry – grape – grapefruit – kiwi – lemon – lime – mango – melon – orange – peach – pear – pineapple – plum – raspberry – strawberry – watermelon

**vegetables:** avocado – (green) beans – broccoli – cabbage – carrot – cauliflower – celery – cucumber – garlic – leek – lettuce – mushroom – onion – pea – pepper – potato – radish – rice – sweetcorn – tomato

## 1.2 Quantities

bag (of flour) – bottle (of juice / milk) – box (of chocolates) – can (of lemonade / cola) – carrier bag – carton (of juice / milk) – jar (of jam / honey) – loaf (of bread) – packet (of biscuits / crisps / cereals) – tin (of sardines) – tub (of margarine) – (3) kilos (of potatoes) – (200) grams (of ham) – (half a) litre (of milk)

## 1.3 Meals

breakfast – snack – brunch – lunch – tea – dinner – supper – the most important meal of the day – have (a meal) at ... – eat earlier / later

be full (v) – be hungry (v) – clear the table (v) – course (n) – eat out (v) – helping (n) – lay the table (v) – meal (n) – packed lunch (n) – picnic (n) – snack (n) – tea (n) – working lunch (n)

## 1.4 Restaurants

**types of restaurants:** buffet car – café – fast food restaurant – pub – self-service restaurant – snack-bar – take-away

**in a restaurant:** bill (n) – book a table (v) – main course (n) – menu (n) – order (sth) (v) – self-service (n) – service (n) – starter (n) – table service (n) – tip (n) – waiter (n) – waitress (n) – wine list (n)

**how often:** never – sometimes – often – rarely – on special occasions

## 1.5 (My) favourite (alcoholic / non-alcoholic) drink

beer – coffee – Coke – fizzy drinks – fruit juice – herbal tea – ice tea – milk – milk shakes – (sparkling / still) mineral water – plum brandy – soft drinks – stout – water – whisky – wine

## 1.6 Typical (Czech / British / American cuisine)

(adj) bland – boring – delicious – fatty – filling – greasy – hearty – heavy – meaty – salty

(v) be served with ... – come in big servings

**soups:** beef soup – fish soup – lentil soup – pea soup

**main courses:** fish and chips – fried carp and potato salad – goulash with dumplings – hamburger and French fries – roast beef and vegetables – roast turkey with a lot of vegetables – spaghetti bolognese – steak and salad

## 1.7 Shopping for food

**types of shops:** baker's – butcher's – delicatessen – fishmonger's – greengrocer's – market – off-licence

**going shopping:** bargain – basket – browse – cash – checkout – customer – discount – free (of charge) – get money back – get a refund – have (sth) in stock – local (shop/ market) – look for (sth) – pay (cash / by credit card) – reduced – special offer – supermarket trolley

## 1.8 Healthy / unhealthy lifestyle

avoid stress (v) – couch potato – cut down (on fatty food) (v) – do (regular) exercise (v) – fast food – fatty food – fit (adj) – follow a (sensible) diet (v) – free of chemicals and additives (adj) – fresh (adj) – frozen (adj) – give up (smoking) – go jogging – join a programme (v) – high in (fat / salt / added sugar) (adj) – junk food (n) – keep fit (v) – look fit (v) – lose weight (v) – low-calorie food (n) – low-fat food (n) – low in (fibre / vitamins) (adj) – (be) out of shape – (be) overweight – put on weight (v) – ready meal (n) – reduce stress (n) – stay fit (v) – stay in shape (v) – takeaways (n) (pl) – TV dinners (n) – vitamins and minerals – viticulture (n) – weigh (v) – work out (v)

## 1.9 Food and health / healthy diet

balanced diet (n) – (be / go on a) diet – be enough for (your) daily needs – (high / low in) calories – high (in carbohydrates) – fat (n) – fatty food (n) – fibre (n) – have preservatives and artificial colours and flavours – health food (n) – healthy food (n) – include all five food groups – low-calorie diet – low-fat diet organic food (n) – – put on weight – protein – rich (in protein) – slimming diet – vegetarian – weight loss programme

## 1.10 Cookbooks / TV programmes about cooking

learn about new recipes / new cuisines – no interest in food – read cookbooks – watch programmes about cooking – speciality

## 1.11 Cooking / preparing meals

**(v)** add (spices) – boil – chop (vegetables) – cut (sth) into pieces – fry – grate (cheese) – mix – place (sth somewhere) – put (sth) in a bowl – slice (bread / meat) – steam – stir

**(adj)** delicious – disgusting – fatty – greasy – heavy – light – salty – strange – tasty

**(other)** be allergic to – be on a diet – have an allergy to ... – would never eat

## 1.12 Table manners

(not) belch at a table – (not) have (your) elbows on the table – leave (your) napkin on the table – put (your) napkin on (your) lap – slurp (your) food – smack (your) lips – speak with your mouth full